



Discover Africa



escape to paradise



Introduction

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Though every country has its own culture and traditions, the spa lifestyle is a custom that everybody can relate to. South African and Indian Ocean Spas specialise in integrating native spa techniques that have been applied through the ages. Soon you will discover that these Spas offer holistic wellness solutions, attention to detail and personalised service as well as innovative treatments to rejuvenate and enhance your state of physical and mental well-being. Wellness is a holistic approach to health that combines all aspects of physical, mental and spiritual well-being to realign ones mind, body and soul.

South African spas are grouped into categories that allow spa-goers to choose the type of spa treatments that best suit their personal interests and needs.

Most popular are day spas, these are designed to provide a beautifying, relaxing, or pampering experience with individual treatments that last for as little as 1 hour or multiple treatments that may take up to a whole day. Day spas are freestanding and are located in Hotels/Lodges, Shopping Centres, Department Stores, and even Airports. Vacation Spas or Wellness Centres combine a wide variety of recreational activities with a renewing spa experience where people spend an extended period of time to fully immerse themselves in several spa treatments.

Medical Spas are for those who are interested in healthcare in a spa setting, either at a day spa or at a spa with overnight accommodations. Medical spas offer traditional and complementary medical services supervised or administered by medical professionals.

Whatever the individual preference for spas, these are places where the noise of our busy lives is drowned out by the whispers of tranquillity – a place where we can draw upon the strength of a healthy body and the sanctuary of our inner calm. Through "Africa Collection" succumb to the unsurpassed luxury of these superb health, beauty and wellness centres and rediscover your innate healing power.

We only feature spas that have met a rigorous code of practice witnessed by ourselves at first hand.

Recommended Properties

Kwazulu Natal

- Fordoun
- Phinda
- Zimbali

Mpumalanga

- Cybele Forest Lodge & Health Spa
- Lion Sands
- Simbambili
- Singita
- Tinga

Gauteng

- Emperors Palace Complex
- Fairlawns Boutique Hotel

Northwest

- Etali

Limpopo

- Tintswalo
- Thornybush
- Singita Lebombo & Sweni

Western Cape

- Westin Grand Hotel
- Arabella Western Cape Hotel & Spa
- Protea Wilderness
- Spier

Eastern Cape

- Bushman Sands
- Elephant House





The Fairlawns

Boutique Hotel & Spa



row from the Deloitte & Touche definition of a luxury boutique hotel:

They are small, highly individualistic operations, unlike modern purpose built hotels. They usually buildings of character, are normally set in their own grounds in peaceful surroundings, and have high standards of hospitality and cuisine. ..To stay in one is an experience in itself rather than a functional necessity."

Welcome to Fairlawns

Johannesburg



The Fairlawns Boutique Hotel & Spa



The Fairlawns Boutique Hotel and Spa in upmarket Sandton opened in 1998 and has attained a standard of style and service that is reflected in its 5 star grading.

Their beautiful surroundings elicits the comment that "You would never think that you are in Johannesburg". Guests consistently remark that it is like "home away from home – only better". Individuality in surroundings is mirrored with individual and unique service and attention to detail.

The 12 courtyard suites together with 6 premier suites and a presidential suite are all individually decorated in a myriad of styles and furnished accordingly.

Dining at the Fairlawns is very relaxed and an unusual treat for guests is breakfast being served where you like and when you like without any cut-off time, though the buffet is removed at 10:30. There is a light lunch menu and dinner is served in the private dining room, the restaurant or on the terrace. In summer guests may dine on the lawns under the stars or near the lit fountains (weather permitting). After dinner drinks may be taken in their award winning Colonial Bar.

The Spa at Fairlawns is an enlightening and peaceful retreat offering exquisite pampering in a truly beautiful setting of peace and tranquillity. Their therapists will seek to recreate the principles of holistic healing in a pampering environment at the end of your exhilarating holiday before you fly back to Ireland.

Fairlawns is also the ideal venue for the more mature smaller wedding as it offers a congenial exclusive environment to enjoy the ambience of the day. Ceremonies may be held in the gardens but the reception will be in the DeBeers Room. Ceremonies and receptions can be organised to specifically suit the needs of the couple involved.

Shopping is at hand in Sandton where your hosts will transfer you to and after some retail therapy they will return you to your "home from home". Should Golf be your method of relaxation they have that covered also, with the Royal Johannesburg Golf Course whose 36 holes of perfect golf await close at hand.

Price per person from €160

Includes:

- Complimentary Johannesburg Airport transfers
- Complimentary Sandton Shopping transfers